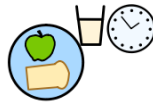




2nd October 2020



Lunchtime



Dear Parents/Carers

From Monday 5th October 2020 Key Stage 3 (Years 7, 8 and 9) pupils will now be able to access the dining room for their lunch.

This means that we can now offer a hot meal for pupils rather than sandwiches. Please find attached the menu choices that pupils will be able to select from. Pupils will select their meal each morning as part of registration.

If you provide your child with a packed lunch they will eat their lunch in the hall at the same time as their tutor group.

Meals cost £2.50 and you will need to pay through Parent Pay. If you have not set-up Parent Pay please contact Firoza in the finance office. For pupils on free school meals there is no charge for their meal.

If you have any queries please don't hesitate to contact me on 0116 2894242.



Yours Sincerely,

Mark Botterill

Assistant Principal

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



OUR MENUS MEET ALL THE GOVERNMENT FOOD BASED STANDARDS.

WEEK 1
2020
24/08
14/09
5/10
2/11
23/11
14/12

VARIETY OF BREADS BAKED DAILY BY OUR EXPERIENCED SCHOOL CHEFS

WEEK 2
2020
31/08
21/9
12/10
9/11
30/11

Our dishes are **FRESHLY PREPARED** using seasonal and including local produce

FRESH FRUIT & Yogurt available daily!

WEEK 3
2020
7/09
28/09
26/10
16/11
17/12

Pizza topped with tuna & sweetcorn
Jacket wedges
Sweetcorn
Peas

Margherita pizza
Jacket potato
Sweetcorn
Peas

Macaroni Cheese
Salad bar selection

Steamed pear sponge served with chocolate sauce

Freshly baked sticky fruit bun

Chicken Fillet Gravy
Creamy mashed potatoes
Broccoli florets
Carrot batons

Quorn stir fry
Rice
Broccoli florets
Carrot Batons

Leek & courgette pasta bake
Salad bar selection

Fruity flapjack

Strawberry whip

Organic beef bolognese & garlic bread
Spaghetti
Seasonal vegetable medley

Cheese & potato pie
Seasonal vegetable medley

Jacket potato with tuna mayonnaise
Salad bar selection

Lemon iced sponge

Rice pudding served with a fruit compote

Roast pork, served with sage & onion stuffing
Gravy
Parsley potatoes
Cabbage, Cauliflower

Country vegetable pie & gravy
Potatoes in the skins
Cabbage
Cauliflower

Roasted vegetable pasta bake
Salad bar selection

Peach crumble served with custard sauce

Chocolate crunch cookie

Battered fish served with a lemon wedge
Chips
Baked beans
Peas

Quorn dippers
Chips
Baked beans
Peas

Jacket potato with Baked beans and Coleslaw
Salad bar selection

Vanilla ice cream served with a fruit coulis

Golden krispie cake

Farm assured pork sausages & gravy
Creamy mashed potatoes
Carrot batons
Peas

Vegetable chilli fajita
New potatoes
Carrot batons
Peas

Tuna pasta bake
Salad bar selection

Steamed chocolate sponge served with chocolate sauce

Cherry shortbread

Pizza with chicken & red peppers
Pasta twists
Sweetcorn Creamy coleslaw

Margherita pizza
Pasta twists Sweetcorn
Creamy coleslaw

Jacket potato with mild vegetarian chilli
Salad bar selection

Seasonal fruit crumble served with custard sauce

Cheese & biscuits with grapes

Organic beef lasagne
Garlic bread
Salad bar selection
Creamy coleslaw

Homemade vegetable bites
Pasta shapes in tomato sauce
Seasonal vegetable medley

Macaroni cheese
Salad bar selection

Pineapple upside down pudding served with custard sauce

Oatie cookie

Roast turkey served with sage & onion stuffing
Gravy
Roast potatoes
Seasonal vegetable medley

Vegetarian Cottage Pie
Seasonal Vegetable Medley

Roasted Vegetable Pasta Bake
Salad bar selection

Carrot cake

Lemon iced bun

Fish fingers served with tomato ketchup
Chips
Baked beans
Peas

Vegetarian sausage
Chips
Baked beans
Peas

Jacket potato with baked beans
Salad bar selection

Strawberry ice cream

Viennese biscuit

Salmon & spinach frittata
Pasta spirals in tomato sauce
Mixed salad
Coleslaw

Margherita pizza
Jacket potato Peas
Sweetcorn

Jacket potato with tuna mayonnaise
Salad bar selection

Lemon cheesecake served with a summer berry compote

Jam crunch cookie

Chicken fillet served with sage and onion stuffing
Gravy
Creamed potatoes
Seasonal vegetable medley

Vegetable bolognese
Spaghetti
Seasonal vegetable medley

Creamy mushroom pasta bake
Salad bar selection

Fresh fruit salad

Blueberry muffin

Organic pork meatballs
Homemade tomato sauce
Rice
Broccoli florets
Carrot batons

Cheese flan
Boiled potatoes
Broccoli florets
Creamy coleslaw

Tomato pasta bake
Salad bar selection

Steamed syrup sponge served with custard sauce

Flapjack

Roast gammon served with pineapple
Roast potatoes
Cauliflower cheese
Carrots

Quorn tikka masala
Rice
Cauliflower
Carrots

Jacket potato with cheese
Salad bar selection

Mandarin jelly & cream

Feathered mint iced cake

Fishcake served with tomato ketchup
Chips
Baked beans
Peas

Vegetable finger
Chips
Baked beans
Peas

Sweet chilli pasta
Salad bar selection

Chocolate shortbread

Ice cream with a fruit coulis

Celery
 Cereals Containing Gluten
 Crustaceans
 Eggs
 Fish
 Lupin
 Milk
 Molluscs
 Mustard
 Nuts
 Peanuts
 Soya
 Sulphur Dioxide
 Sesame Seeds

Allergen information correct at time of print, updates will be posted on the website, www.leicestershire.gov.uk/school-food

■ Meat option
 ■ Vegetarian option
 ■ Light bites